

















Healing Families and Communities After Tragedy

Dear Families and Friends.

Every day families are faced with the daunting challenges resulting from a traumatic loss due to an act of terrorism, mass violence, or natural disaster. Communities must respond to the emotional needs of victims' families and survivors. Unfortunately, this stark reality has become our new normal.

VOICES created a new paradigm in the delivery of services to promote resiliency in the lives of those impacted by traumatic events. For over 13 years, we have worked with families, responders and survivors, who have given us great insight into their evolving, long-term needs. *New York Times* columnist David Brooks wrote of "The Art of Presence" and the need for those helping impacted people to be a builder. "Builders are there for years and years, walking alongside as the victims live out in the world." VOICES is proud to be a builder.

Through our work, we in a unique position to help families heal after other traumatic events. The VOICES Center of Excellence for Community Resilience is sharing our lessons learned and working with public and private partnerships to expand our long-term model to assist other communities. VOICES remains committed, and together we can make a difference!

With appreciation for your continued support,

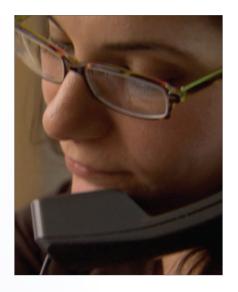
Mary Fetchet, LCSW | Founding Director

Mary Fethet

Building Resiliency in the 9/11 Community

Since 2001, VOICES has provided over 100,000 hours of social services support and built trusting relationships with those impacted by 9/11. Our commitment remains steadfast to provide programs that address the long-term needs of 9/11 families, responders and survivors, including:

- Case management, support groups, referrals to mental health providers and conferences
- Programs that build personal strength and resiliency based on their evolving needs
- Outreach to responders and survivors to access medical and mental health treatment available through the WTC Health Program
- Coordination of resources with local, state and federal organizations



"Your organization is the best and longest-lasting and helps to keep my wife's memory alive."

- 9/11 Family Member and VOICES donor

"VOICES annual conference connects us with people who have helped heal the hole in our hearts."

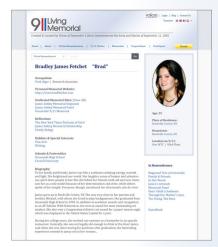
- Gordon Haberman, Father of Andrea Lyn Haberman

Always Remember: The 9/11 Living Memorial Project

Over time, families wanted to commemorate and celebrate the lives of their loved ones. This led to one of VOICES most important accomplishments: the 9/11 Living Memorial Project, an extensive digital collection of over 70,000 photographs honoring the nearly 3,000 lives lost. Located on our website, the Living Memorial is also a core component of the *In Memoriam* exhibit at the 9/11 Museum in New York City.

Our staff traveled to hundreds of communities to meet one-on-one with more than 1,600 families. The Living Memorial continues to grow and empowers families, friends, responders and survivors to create a meaningful remembrance so that future generations will *Always Remember*.





"I love the Living Memorial because it shows that those who were lost on 9/11 were not statistics. They are persons. Their personalities and everything about them comes through in the Living Memorial tributes that their families and friends put together."

- Carol Ashley, Mother of Janice

Sharing Lessons Learned: VOICES Center of Excellence for Community Resilience

Acts of terrorism, mass violence and natural disasters occur on a weekly basis. VOICES feels an ethical and moral responsibility to share our 13 years of expertise and promote awareness about the long-term needs of victims' families, responders and survivors. For this reason, we launched the VOICES Center of Excellence for Community Resilience to help communities heal after other tragedies.

The Center works collaboratively with our public and private partners to share lessons learned and best practices in preparing for and responding to traumatic events. Our initiatives include:

- An online resource kit based on interviews conducted with service providers who responded to 9/11, the Oklahoma City bombing and the shootings at Virginia Tech, Northern Illinois University and in Tucson, Arizona
- Research projects assessing mental health issues, bereavement, post-traumatic growth and PTSD
- Training, workshops and academic conferences

"I feel I have a moral obligation to do this work. I urge you to embrace new opportunities, because when you help one person, you help many."

- Mary Fetchet, Mother of Brad



Sharing Their Stories, Sharing Their Healing Journeys

A young man escaped from the South Tower just moments before its collapse. While more than a decade has passed, it was just this year that he reached out to VOICES with a need to talk about his experience.

A woman who lost her younger brother on 9/11 is suffering from depression and panic attacks. She phoned our offices asking for assistance. "Is it normal to experience this 13 years later?" she asked. "Can you help me find a clinician?"

A responder has serious medical complications and PTSD from working in the recovery efforts at Ground Zero and is now on disability. His wife returned to work to support the family, and his 18-year old daughter now cares for him. He requires frequent trips to the doctor and is calling 911 regularly because of his respiratory distress. His child feels the strain of caring for her father.

"VOICES support groups are a soft place to land. When the rest of the world has moved on, we find ourselves wringing our hands and silencing our voices. In the group, we can talk about anything with people who understand."

- Teleconference Support Group Member

Every person impacted by a traumatic event heals in their own way, and in their own time. VOICES understands the challenges they faced immediately after 9/11...and on the continuum 13 years later. Many people are contacting us for the first time, asking for assistance. Our staff is able to meet them where they are in their healing journey.

How You Can Help

Every day we are given stones. But what do we build? Is it a bridge or a wall?

Volunteer

Volunteers play an integral role in VOICES work. Whether once a year or every week, our dedicated volunteers and interns are all committed to making a difference. We have many opportunities for you to help! Contact us at (203) 966-3911 or ffetchet@voicesofsept11.org to learn more about getting involved.

Donate

VOICES is proud of our unwavering commitment to supporting those impacted by 9/11, promoting efforts to make our country safer, and helping communities heal after other tragedies. Your charitable gifts make this possible!

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

- Margaret Mead



Board of Directors

Kurt Wolfgruber | Board Chairman

Jeff Blumenfeld John Gannon Joseph D'Agostino Marvin Kabatznick Philip Nehro Robert H. Fischer Bonnie McEneaney

Frank Fetchet (Ex Officio)

Mary Fetchet, LCSW (Ex Officio)

Senior Advisory Board

The Honorable Thomas H. Kean Chairman of the National Commission on Terrorist Attacks Upon the United States John Fairbank, Ph.D.

Duke University Medical Center,

Co-Founder of National Child Traumatic Stress Network

Robert E. Campbell Vice Chairman, (Ret.) Johnson & Johnson Professor Stephen Flynn, Ph.D.
Professor and Founding Co-Director: Northeastern University,
Co-Director of Kostas Institute for Homeland Security

Richard L. Edwards Ph.D., ACSW Executive Vice President for Academic Affairs, Rutgers, the State University of New Jersey

Dr. Robyn R. Gershon Professor, Division of Preventive Health, University of California, San Francisco

Diane Elmore, Ph.D., M.P.H. American Psychological Association Senator Joseph I. Lieberman Former Chairman, Senate Homeland Security Committee



www.voicesofseptember11.org

161 Cherry Street | New Canaan, CT | 06840 | (203) 966-3911 84 Albany Street | New Brunswick, NJ | 08901 | (732) 543-2300