

# FealGood FOUNDATION

## **VOICES** Resiliency Symposium



Friday, May 18, 2018 Kean University

#### **Opening Remarks**

John Feal, FealGood Foundation Mary Fetchet, LCSW, Voices of September 11th

Transcending Trauma: Promoting Resilience and Coping After Loss 9:15am - 10:00am

**Priscilla Dass-Brailsford, EdD, MPH** The Chicago School of Professional Psychology Adjunct Faculty, Georgetown University

#### Accessing Medical and Mental Health Treatment Through the WTC Health Program 10:00am - 11:00am

Mary Fetchet, LCSW, Moderator

Adriana Feder, MD Director, Trauma and Resilience Program Associate Director for Research, WTC Mental Health Program

Priyanka Upadhyaya, PhD Clinical Psychologist, WTC Health program, Bellevue

Leigh Wilson, MD Medical Director for the Queens WTC Health Program

Coffee Break/Networking	11:00am - 11:15am

Facilitated Peer-to-Peer Roundtables 11:15am - 12:15pm

Lunch

12:15pm - 1:00pm

#### **Breakout Sessions**

#### 1:00pm - 1:50pm

Session A: Building Resiliency and Developing Coping Skills Barry Mascari, EdD, LPC, LCADC Chair, Counselor Education Department, Kean University

Jane Webber, PhD, LPC, DRCC Doctoral Program Committee Chair Counselor Education Department, Kean University

Session B: Living with Loss: Does Time Heal All Wounds? Connie Palmer, LCSW, Clinical Training Director, Imagine

Mandi Zucker, MSW Program Director, Imagine

#### Break

1:50pm - 2:00pm

#### Breakout Sessions

2:00pm - 2:50pm

Session A: Treatment Modalities Adriana Feder, MD Priyanka Upadhyaya, PhD

Session B: Promoting Post-Traumatic Growth Priscilla Dass-Brailsford, EdD, MPH

Coping When It Really Counts Through Mindfulness

3:00pm - 3:30pm

Barry Mascari, EdD, LPC, LCADC Jane Webber, PhD, LPC, DRCC

## **Exhibitors**

FealGood Foundation FFMA Imagine, a center for coping with loss Kean University Nathan Weiss Graduate College **Counseling Program** Kean University Admissions Turken & Heath, LLP Voices of September 11th Victim Compensation Fund World Trade Center Health Program

## **About VOICES**

VOICES provides long-term support services and access to resources and mental health care for thousands of victims' families, survivors and responders. VOICES is leveraging our expertise to assist communities in responding to other acts of terrorism and mass violence.

www.voicesofseptember11.org

## About FealGood Foundation

The FealGood Foundation provides outreach and education to help those who may have been injured, physically or mentally, as a direct result of their rescue, recovery, and cleanup effort at the World Trade Center Site following the terrorist attacks of World Trade Center Health Program.

www.fealgoodfoundation.com

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