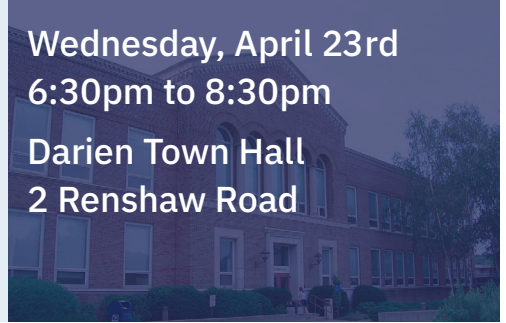


VOICES Community Preparedness Training



Preparing Individuals and Families for an Emergency

ARE YOU PREPARED FOR AN EMERGENCY? Voices Center for Resilience is offering a Community Preparedness workshop to provide individuals with strategies to prepare in advance of an emergency. The program includes an overview of the basic components on how to be better prepared in your home, work and community, whether sheltering in place or evacuating.

THE WORKSHOP INCLUDES GUIDELINES ON:

- Developing a plan for yourself or your family
- Accessing water, power and food
- Protecting documents and valuables
- Safety and security requirements
- Establishing a communications plan
- First Aid and personal hygiene
- Identifying resources to achieve your goals
- Steps to make you and your family safer

Speakers include:

Mary Fetchet, VOICES Executive Director

Mindy Chambrelli, Darien Director of Health

Community leaders who will discuss local resources.

The event is free, and registration is recommended.

For more information, contact Stephanie Landau at: slandau@voicescenter.org or call 203-966-3911.



The first 25 registrants will receive a Preparedness Backpack!

A special thank you to our generous sponsors

The Preparedness Training is made possible through a grant from the New Canaan Community Foundation. Preparedness Backpacks are provided through a grant from 9/11 Day and AmeriCorps.



TO LEARN MORE
AND REGISTER
SCAN THE CODE

