



Elderly / Children / Infant Checklist

In the event of an emergency, it is important that we consider the most vulnerable among us.

Elderly and Those with Disabilities

- Specialized equipment – hearing aids and batteries, walkers, canes, wheelchairs, sanitary supplies, what you need in the case of an evacuation
- Sleep apnea machines – blood pressure cuff, pulse oximeter, glucose testing kit and supplies
- Dietary items and medications (including OTC) – at least one week's worth
- Nonrestrictive clothing/in layers
- List of special medical conditions and medications
- Contacts for any of their service provider
- Have a plan on how you will communicate (adaptive phones /ASL interpreters) for all those in support network
- Entertainment/books/playing cards
- Have a recent picture in case you are separated

Children and Infants

- Toys and comfort items/arts and crafts/board games/playing cards
- Special dietary needs/bottles/formula/snacks
- Sleep supplies/porta crib/foods and utensils/light weight stroller
- Recent photograph in case of any separation
- Diapers/wipes/creams/specialty medications and baby care items



Pet Supplies Checklist

- Food and water bowls
- Food – 5-day supply
- Blanket, bed, toys
- Cage or carrier
- Grooming supplies
- Leash/harness/collar tag
- Health and vaccinations records
- Microchip ID number (if applicable)
- Poop bags
- Veterinarian name and number
- Addresses of shelters and hotels that accept pets