

Medical Resources for 9/11 First Responders, Rescue and Recovery Workers, Survivors, and Downtown Manhattan Residents

The Mount Sinai World Trade Center Medical Monitoring Program provides free, confidential medical monitoring examinations. WTC responders who participate in the program at Mount Sinai or with other area providers will receive comprehensive and confidential medical examinations at regular intervals. If you are then diagnosed with any physical or mental health problems, you may be referred to one of the adjunct area treatment programs also run by Mount Sinai.

Who is Eligible?: You may be eligible if you were engaged in first-response, rescue and recovery, service restoration or any of the clean-up efforts at Ground Zero and related sites.

If you've previously enrolled in the WTC Worker and Volunteer Medical Screening Program, your health can continue to be monitored under this program. *How Do I Sign Up?:* Call the Registration Hotline at 888-702-0630. If you've already signed up, but want to change your contact information, you can call the hotline or go online to www.wtcexams.org.

The program is free of charge.

Manhattan: Mount Sinai - I. J. Selikoff Center for Occupational and Environmental Medicine, 10 East 101st St., 2nd Floor. Phone: (212) 241-155, Web site: <http://www.mssm.edu/cpm/selikoff-clinical-center/> (Exams also conducted in Spanish and Polish);

Bellevue Hospital Center/NYU School of Medicine Division of Occupational and Environmental Medicine, 462 First Avenue at 27th St., Phone: (212) 562-3849 (Exams also in Spanish).

Queens: Center for the Biology of Natural Systems, Queens College, 163-03 Horace Harding Expressway. Phone: (718) 670-4216 (Exams also in Spanish).

Suffolk County: The State University of New York, Stony Brook, Long Island Occupational and Environmental Health Center. Phone: (631) 6429100 Web site: <http://www.lioehc.org>.

In Eastern Suffolk: 625 Belle Terre Road, Suite 207, Port Jefferson, NY 11777.

In Western Suffolk: 3002 Expressway Drive North, Suite 200A, Islandia, NY 11749.

Nassau County: Nassau University Medical Center Pulmonary and Critical Care Division, 2201 Hempstead Turnpike, Phone: (516) 572-8714.

New Jersey-Piscataway: University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, Environmental and Occupational Health Sciences Institute, 170 Frelinghuysen Road, Phone: (732) 445-0123 Ext. 601 Web site: <http://www.eohsi.rutgers.edu/>.

Responders may also change where they want to have their exams by filling out a location change form or by calling 888-702-0630.

The World Trade Center Health Effects Treatment Program was designed for workers and volunteers who have health problems caused or aggravated by their participation in WTC-related efforts. The program treats WTC-related sinus and breathing difficulties; WTC-related throat irritation; WTC-related feelings of sadness or depression; and WTC-related feelings of nervousness or anxiety.

Who is Eligible?: You may be eligible if you were engaged in first-response, rescue and recovery, service restoration or any of the clean-up efforts at Ground Zero and other WTC-related sites.

What Kind of Treatments Can I Expect?: The program provides diagnostic and ongoing medical treatment services for WTC-related medical conditions. The physicians are specifically trained in the identification and treatment of work related illnesses.

The program can also help you apply for a range of benefits and entitlements, get financial assistance for medication and, if you are eligible, apply for health insurance if currently uninsured.

What's the Cost?: No out-of-pocket charges for WTC-related conditions. If you need outside testing or referrals that can't be conducted at the clinic, the Health Effects Treatment Program staff will help you arrange for payment.

How Do I Sign Up?: The program has offices in Manhattan, Queens and Yonkers. Call any of these numbers: Manhattan: (212) 241-9059, Queens: (718) 278-2736, Yonkers: (914) 964-4737.

Similar treatment programs given in concert with other area occupational medicine centers also providing medical monitoring examinations.

The Mount Sinai World Trade Center Mental Health and Screening Intervention Program is designed to help people cope with the psychological effects of 9/11 and the stress that can come from being diagnosed with an illness, or fearing that you might be.

Who is Eligible?: You may be eligible if you were engaged in first-response, rescue and recovery or any of the clean up effort at Ground Zero and other WTC related sites. This program is staffed with psychiatrists and social workers who, aside from offering counseling services, can also help people get the necessary paperwork to file Workers' Compensation claims, authorize medications and treatments and assist with the filing of documentation for Social Security and other benefits. There is no out-of-pocket charge for WTC-related conditions. *How Do I Sign Up?:* The best way is to go through the Mount Sinai World Trade Center Medical Monitoring Program, but you can also call the program directly at (212) 241-8462.

Mount Sinai also has programs available for WTC-affected area residents and workers who had to work in the area in contaminated offices, and residents who live in the affected area. Services offered through the center as well as at other New York State Network of Occupational Health Clinics can be reached by calling Mount Sinai at (212) 241-5555. For a list of other providers, call (800) 458-1158 or go online to www.health.state.ny.us/nysdoh/enviro/occupate.htm.

FDNY WTC Medical Monitoring Program

WHO'S ELIGIBLE: Monitored 15,284 firefighters and EMTs through June 2005 and did 522 followup exams. Will offer followup exams in three sessions through June 2009. Administered by the FDNY Bureau of Health Services.

Visit http://www.nyc.gov/html/fdny/html/emp_resources/health_connections/2005/dec05.shtml for more information.

WTC Worker And Volunteer Medical Monitoring Program

WHO'S ELIGIBLE: Cops and emergency rescue workers from New York City and surrounding areas, firefighters from outside N.Y.C., building and construction workers, press and news media, health care and food service

workers, and anyone who worked in the immediate vicinity of the WTC site. (Excluded are FDNY members and federal and employees because they were eligible for other grams.) Now allows state employees to participate. Administered by Mount Sinai's Selikoff Clinical Center for Occupational and Environmental Medicine. Monitored 14,110 workers through June 2005 and did 1,699 followup exams.

Visit <http://www.wtcexams.org/> for more information.

WTC Health Registry

WHO'S ELIGIBLE: Ground Zero workers, residents living near the WTC and students who attended nearby schools. So far, 71,437 of an estimated 385,000 people who qualify have enrolled. Administered by the city Department of Health and Mental Hygiene, the registry is developing plans to track participants' health through 2023.

For more information, visit <http://www.nyc.gov/html/doh/html/wtc/index.html>