

**DIRECTIONS:    *The Living Room***

Jewish Family Service  
1485 Teaneck Road  
Teaneck, NJ 07666

201-837-9090

**From New York City**

From George Washington Bridge, follow signs for Route 4 West to the first Teaneck Road exit labeled Teaneck Road/Bergenfield. Travel North on Teaneck Road for approximately 1/2 mile. Just past the fourth traffic light, make a right hand turn into the parking lot of 1485 Teaneck Road.

**From Western New Jersey**

Travel Route 80 East to the Teaneck/Fort Lee Road Exit. Stay in the right lane. Go to the second turnoff, Exit 70 B, Teaneck Road/Teaneck. Follow that road to the second light and make a right onto Teaneck Road. Travel approximately 2 miles. Just past the eighth traffic light, make a right hand turn into the parking lot of 1485 Teaneck Road.

**From Southern New Jersey**

Travel North on the New Jersey Turnpike until it ends at Exit 18. Continue on I-95, stay to the right. Follow the signs to Exit 70 Leonia/Teaneck. Take the second exit, 70 B Teaneck Road/Teaneck. Follow this road to the second light, and make a right onto Teaneck Road. Travel approximately 2 miles. Just past the eighth traffic light, make a right hand turn into the parking lot of 1485 Teaneck Road.

**From Route 17 North and South**

Travel Route 17 to the Route 4 East Exit. Take Route 4 East to the second Teaneck Road exit labeled Teaneck Road/Bergenfield. Travel North on Teaneck Road for approximately ½ mile. Just past the fourth traffic light, make a right hand turn into the parking lot of 1485 Teaneck Road.

**From Northern New Jersey**

Travel on the Garden State Parkway South to Exit 163. Merge onto Route 17 South. Merge onto Route 4 East. Travel on Route 4 East to the second Teaneck Road exit labeled Teaneck Road/Bergenfield. Just past the fourth traffic light, make a right hand turn into the parking lot of 1485 Teaneck Road.

**PARKING**

As is the case throughout Teaneck, parking is at a premium. At our office, please use only those parking spaces designated for **JFS** (Jewish Family Service). Please DO NOT park in the areas marked *NO PARKING*.

There are two nearby Public Parking Lots:

- 1) on Teaneck Road across the street from *Walgreen's*, one block south of JFS
- 2) on State Street directly behind the *Delta* service station diagonally across the street from JFS

You can also park on Amsterdam Avenue located one block north of JFS at the *US Gas* service station.