



FLOODING

Flooding is a fast-moving and dangerous natural disaster where water temporarily overflows into normally dry areas. Floods can be triggered by heavy rain, storm surges, overflowing rivers, and dam failures and increase the risk of property damage, power outages, and fatal drownings. Being prepared in these emergencies can create confidence in your preparedness and help ensure the safety of both you and others.

Preparing For

- Sign up for your area's emergency alert system.
- Consider flood insurance to protect your home.
- Keep all important documents (SSN, birth certificate, etc.) in a waterproof safe.
- De-clutter drains and gutters of excess debris.
- If flooding is a risk in your area, monitor potential signs of heavy rain.
- Keep yourself prepared with supplies in case you need to leave immediately (prescriptions, food, water, pet items).

Responding To

- Evacuate immediately when instructed by authorities!
- Do not walk, swim, or drive through flood water.
 - fast-moving water can sweep away you and your vehicle.
- Stay off overpasses and bridge which can be swept away as well.
- If trapped in a building, get to the highest level.
 - Go on the roof if necessary and signal for help.
 - do not seek shelter in an attic, as you might become trapped.

Recovering From

- Avoided wading in flood water, which can be contaminated with debris, animals, and power lines.
- Keep generators and other gasoline-powered machinery OUTDOORS.
- If your home is not cleared of water in 24-48 hours, assume there is mold growth.
 - Dry everything, clean up mold, and fix any moisture issues.
 - Keep wet areas well-ventilated
- Check the safety of your local drinking water

Helpful Resources

- <https://www.ready.gov/floods>
- <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/flood.html?srsltid=AfmBOooiWAaocqzB1-l2AdBJzF9ILO7vtIhknCmd72zsathhoOeJWWmm>

From 9/11 to today, VOICES helps families and communities heal after tragedy.

Voices Center for Resilience provides long-term support and resources that promote mental health care and wellness for victims' families, responders, survivors, and assists communities preparing for and recovering from traumatic events

Voices Center for Resilience, formerly Voices of September 11th, is a 501(c)(3) nonprofit organization