Tip Sheets

WHAT TO KNOW ABOUT GIVING THEM OUT



Voices Center for Resilience has created several tip sheets with funding from Public Safety Canada. This document provides guidance about their use.

When Should They Be Given?

The Tip Sheets are designed to be distributed in the immediate aftermath of an act of mass violence, including:

- Terrorism
- Mass shooting
- Other intentional event of mass violence



The intended stakeholder groups for the tip sheets are defined in the table below.



Audience	Description
Victim's Family	Family member or close friend of a person who died as a result of the event*
Survivor	A person who experienced an event and may have suffered physical injury, witnessed death and violence, and/or lost a family member, friend, or colleague in the event
Responder	A person who responds to the event, for example, law enforcement, emergency medical services, fire service, emergency management, or recovery worker
Provider/ Practitioner	A mental health or medical professional who provides services to individuals affected by an event

* Voices Center for Resilience does not refer to the living as victims. We reserve that term for those who died as a result of the event.

Who Should Receive Each Tip Sheet?



The table below provides guidance about which tip sheets should be given to each stakeholder group.

Tip Sheet	Victim's Family	Survivor	Responder	Practitioner
Mental Health Considerations After an Act of Mass Violence	\checkmark	\checkmark	\checkmark	\checkmark
Considerations for Practitioners and Responders			\checkmark	\checkmark
Considerations for Speaking with the Media After Being Affected by Mass Violence		\checkmark	\checkmark	\checkmark
Tips for Family Members of Victims of Mass Violence				
Tips for Survivors of Mass Violence		\checkmark		
Tips for First Responders and Recovery Workers Responding to a Mass Violence Event			\checkmark	
Tips for Health Care Practitioners Providing Care to Those Affected by Mass Violence				\checkmark